

A Division of KOTANAUSTRALIA

PPDT.TAEKWONJITSU

Defensive Tactics

You've **Found The Most Effective & Realistic System**
For Self Defense That Really Works!



Generate **Maximum Impact With Minimal Effort... All Day Long!**

The PPDT Course is now available in Australia through **Taekwonjitsu - the only Australian Representative** in conjunction with the IMA. It has now been opened up to people just like you, who are looking for a real impact in your self defense...then this is your next step!

Course Content will include:

Strikes

These strikes have been proven to be incredibly effective and yet at the same non-injurious to the assailant, with the net result being a significant reduction in complaints. They are extremely simple to utilize under high stress conditions. These striking methods will **DOUBLE** your Impact and yet **HALVE** the effort required.

Body Alarm Reaction – BAR

How to understand the shock of a sudden and violent encounter. With the added bonus of step by step instruction in how to overcome this shock and turn it to your advantage.

Palm Down

When things have gone wrong and you need to close the gap. Then this procedure will help to ensure Officer Safety at all times.

Balance Points

Learn where and how the Human Body is balanced. This information alone will massively increase your C+R effectiveness.

Techniques

These techniques have been rigorously "field-tested" so as to speak and have been proven to be the highest possible percentage winners.

Training Drills

These drills are incredible effective at "pressure-testing" everything you learn on the PPDT Course. This will help to cement the learning process.

Upon successful completion the participants will be able to be awarded an International PPDT Level Certification from Russell Stutely, for an additional service fee.



Learn Body Alarm Reactions, Biomechanics, Balance..and much more...that are Devastatingly Effective...REGISTER NOW for Courses in 2010

Level 1&2: 19th - 20th June 2010, 9.30am - 3.00pm 2 Kia Court, Preston, Vic. 3072 - IMA H/Q

PPDT COURSES INFORMATION

These Courses will provide the participants with the skills and abilities to both defend themselves and to ultimately stop an assaultive subject. They will also learn how to utilize PPDT in the correct fashion with due consideration to all relevant requirements and procedures. They will also learn how to deal with stress and shock of a suddenly violent or potentially violent subject.

You **MUST** Pre-Register to attend for the following courses:

PPDT Level		Course Length	Participants
PPDT Level 1	\$245	One Day Course	New Attendees
PPDT Level 2	\$220	One Day Course	PPDT Level 1 Passes or PPDT Level 2/3 Re-Certification
PPDT Level 1 & 2	\$400	Two Day Course	Do both courses at the same time

Pre-registration is required for these Classes. You can either book online or download the Class Registration form and send in your registration and cheque pre-payment.

Please Bring the following: Training Gear - e.g Loose fitting training clothes; Very light Lunch
This is a physical course and as such participants should be in good physical health and condition.

PPDT & OCFM Australia Representative: www.TAEKWONJITSU.com

REGISTER NOW or find out more about Courses in 2010...**CONTACT US NOW...**

By E: courses@ppdt.taekwonjitsu.com or by T/F: 03 9532 5476; M: 0418885122

BOOK YOUR PLACE NOW...Before its too late, check out the testimonials and website video's,

REGISTER NOW! online at www.PPDT.TAEKWONJITSU.com



Or through - International Martial Arts Alliance: www.MARTIALARTALLIANCE.com

PPDT - is the "One System that Everybody Must Know!"

Sponsors: Kotan Australia Pty Ltd, IMA-Intern. Martial Arts Alliance, PPDT - Pressure Point Defensive Tactics, OCFM - Open Circle Fighting Method, R Stutely

